

# FAMILY RESOURCE GUIDE 2010 – 2011

The following information is provided to help families become more familiar with resources and services available in Lenawee County and Michigan. Contact your Early On Service Coordinator for additional assistance.

## **TOLL-FREE NUMBERS**

AIDS/STD Hotline	1-800-342-2437
American Cancer Society	1-800-227-2345
American Council for Blind	1-800-424-8666
Autism Society	1-800-223-6772
Auto Repair Complaints	1-800-292-4204
Better Business Bureau	1-800-542-5539
Children’s Mental Health	1-800-782-0883
Child’s Special Health Care	1-800-359-3722
Child Support Payment Help	1-866-729-5437
Commission for the Blind	1-800-292-4200
Domestic Hotline	1-800-799-7233
I Can Quit Line (tobacco)	1-800-537-5666
Energy Fuel Assistance	1-800-292-5650
Family Anonymous	1-800-736-9805
Elder Abuse and Exploitation	1-800-996-6228
Food Bank	1-800-552-4483
Legal Hot-Line	1-800-347-5297
Maternal/Infant Health Support	1-800-26-BIRTH
MI Public Service Commission	1-800-292-9555
Nat’l. Missing & Exp. Children	1-800-843-5678
Parent Helpline	1-800-942-4357
Poison Control	1-800-222-1222
Runaway Assistance	1-800-292-4517
SIDS Alliance	1-800-331-7437
Social Security/SSI	1-800-772-1213
Toll-Free Directory Assistance	1-800-555-1212
Vision USA	1-800-766-4466
Victim of Fraud	1-877-987-3728
Who’s the father?	1-800-DNA-TYPE
Runaway Hotline	1-800-786-2929

**“211” Call Center – a service center to assist the Lenawee Community in accessing resource & service information in the area**

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All phone numbers have a 517 area code unless listed differently

The information in this resource guide is divided into sections in order for families to locate resources easier. Please use the resource information to get the services your family may need.

## **ADULT EDUCATION/ TRAINING**

### **HIGH SCHOOL COMPLETION:**

**Adult Basic Education**

- Earn a diploma/GED, free
- Classes for adults 18 & older in Lenawee County
- Morning, afternoon, & evening classes available, call to register:

<b>Adrian</b> .....	<b>263-1332</b>
<b>Jackson Community College</b> .....	<b>266-5627</b>
<b>Madison</b> .....	<b>263-0741</b>
<b>Onsted</b> .....	<b>467-6394</b>
<b>Tecumseh</b> .....	<b>423-5634</b>

**ALTERNATIVE EDUCATION/ADULT BASIC EDUCATION:**

<b>Adrian High School</b> .....	<b>263-0862</b>
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- Students under 20 without diploma

<b>Tecumseh</b> .....	<b>424-6508</b>
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- Students 16-19 years old
- Skills below 9<sup>th</sup> grade level

**Lenawee PREP Academy**

2946 Sutton Rd. ....	<b>266-1198</b>
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- 16-19 year old parent(s) not enrolled in a high school completion program
- M-F, 7:30 – 4:00 pm Child care available

**EDUCATION PLANNING:**

<b>Lenawee County Education Foundation</b> .....	<b>265-1626</b>
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4107 N. Adrian Hwy., Adrian

- Scholarships
- Lenawee County graduates and graduating seniors

<b>Lenawee Parents Advisory Committee</b> .....	<b>265-1682</b>
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- Summer Tutor List

<b>Michigan Education Trust</b> .....	<b>1-800-MET-4KID</b>
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P.O. Box 30198, Lansing, MI

- Allows parents, grandparents & others to pre-purchase undergraduate tuition

**COLLEGES:**

<b>Adrian College</b> .....	<b>265-5161</b>
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110 S. Madison, Adrian

<b>Jackson Community College</b> .....	<b>265-5515</b>
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1376 N Main St, Adrian

<b>Siena Heights University</b> .....	<b>263-0731</b>
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1247 E. Siena Heights Dr., Adrian

**VOCATIONAL TRAINING:**

<b>Lenawee Vocational-Technical Center (Vo-Tech)</b> .....	<b>263-2108</b>
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1372 N. Main, Adrian

- Must be 18 and not have a high school diploma, materials and courses at no charge.
- GED testing each month, you must pre-register.
- Michigan Motor Vehicle Mechanic Certification Tests offered

<b>Career Aptitude Testing</b> .....	<b>265-1660</b>
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<b>Job Placement Services</b> .....	<b>265-1649</b>
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<b>Adult Basic Literacy</b> .....	<b>265-7205</b>
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- To improve basic skills

**BASIC LIFE SKILLS**

<b>American Red Cross</b> .....	<b>263-1904</b>
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204 N. Broad, Adrian M-F 9-5

<b>Goodwill Industries</b> .....	<b>263-2135</b>
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<b>Lenawee Emergency and Affordable Housing</b> .....	<b>264-0782</b>
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<b>MSU Cooperative Extension Service</b> .....	<b>264-5300</b>
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**CHILD DEVELOPMENT /  
EARLY INTERVENTION**

<b>Child Find</b> .....	<b>263-8931</b>
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- Identification & assessment of preschool age children who are suspected of having a developmental disorder

<b>Early On</b> .....	<b>263-8931</b>
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- Contact for services or referrals for children 0-3 if a family has a concern about their child's development or health condition

<b>LISD Porter Center</b> .....	<b>263-8931</b>
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<b>Family Support Network</b> .....	<b>800-359-3722</b>
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- Support for parents with children that have special needs, illnesses/conditions

<b>Family Support Program</b> .....	<b>263-8905</b>
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- Individual/group support, for parents with children with disabilities

<b>Great Start Collaborative</b> ....	<b>lenaweegreatstart.org or 424-1000</b>
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- coordinates community resources and services for infants and young children

**SPECIAL NEEDS CHILD EXPENSES:**

<b>Children's Special Health Care Services of Lenawee</b> .....	<b>264-5228</b>
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- Financial services/ public health nursing to families of children who have chronic health problems

<b>Civitan of Adrian</b> .....	<b>265-1686</b>
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- Assistance for disability expenses when insurance won't pay
- Contact current president with a written request-obtain

**Lions Club** (of Adrian, Blissfield, Hudson)

- Assistance with eye related expenses when insurance and/or Medicaid won't pay

**Sight for Students** ..... **263-8931**

- Provides free vision exams and glasses for low income who do not qualify for MCD but do not have vision insurance

**Supplemental Security Income (SSI)** .. **800-772-1213 or 263-7873**

- Monthly payments to people who have limited income and a qualifying disability

**Shiners' Hospital** ..... **1-800-237-5055**

- Free medical care for children with orthopedic or burn problems

## **CHILD HEALTH & INSURANCE**

**Lenawee County Health Department Services** ..... **264-5226**  
1040 S. Winter, Adrian

- Call for updated list of services

**Caring Program for Children** ..... **1-800-543-7765**

- A Blue Cross/Blue Shield health care program for children, free coverage to eligible uninsured Michigan children, inpatient hospitalization not included

**Healthy Kids** ..... **264-6300 or 264-5226**  
1040 S. Winter, Adrian

- Is part of MICH-Care Medicaid program
- Insurance for children on assistance

**MiChild Health Insurance Plan** ..... (toll free) **1-888-988-6300**

**Hearing impaired** ..... **1-888-263-5897**

- For children of working low or moderate-income families

### **DENTAL:**

**Healthy Kids Dental** ..... **1-800-482-8915**

- A program through Delta Dental covers Medicaid-eligible children and young adults under 21

**Lenawee Dental Clinic Inc** ..... **266-0651**  
128 S. Broad St., Adrian

- Accepts Medicaid, under-insured, no insurance, and traditional dental insurance
- Monday – Thursday, 8 am – noon and 1 – 5 pm

**Springcrest Pediatric Dentistry** ..... **1-517-787-1022**  
2500 Spring Arbor, Jackson 49203

**U of M School of Dentistry** ..... **1-734-764-1523**  
1011 N. University, Ann Arbor 48108

- Serving children under 14 and children with special needs
- Accept most forms of insurance

### **Local Dentists that accept Medicaid**

Dr. Ayers, 562 W Maple, Adrian ..... **265-9868**  
Dr. Cox, 225 S. Main St., Adrian ..... **263-3561**  
Dr. Ebeling, 3142 N. Adrian Hwy, ..... **263-6100**  
Dr. Guy, 689 Stockford Dr., Adrian ..... **263-1707**  
Dr. Hood, 127 S. Main St., Adrian ..... **265-6939**  
Dr. Mastellotto, 415 Mill, Adrian ..... **265-8822**

Your Family Support Coordinator can provide you with additional providers

## **CHILD CARE**

**American Red Cross** ..... **263-1904**

- Maintains list of trained babysitters, 11 – 15 years of age
- Offers babysitting training class

**Child Care Network** ..... **264-5306**  
Human Services Building, 1040 S. Winter St., Suite 2020, Adrian

- Assists parents with finding licensed child care (Lenawee, Hillsdale, Jackson, Washtenaw, Monroe)
- Assist qualifying military families receive financial assistance
- Assists low-income families with the cost of licensed child care
- Provides information & education on how to choose child care
- Provides training and support for early childhood professionals.
- Recruits new childcare providers
- Provides information, education & advocacy on issues affecting children's well being.
- Provides information on Summer Camps

**Department of Human Services (DHS)** ..... **264-6300**

- Assists low income families with the cost of licensed child care
- Listing of licensed childcare providers

**What to look for when selecting child care**

- Contact your Family Support Coordinator for information

### **LOCAL SCHOOLS WITH BEFORE/AFTER SCHOOL PROGRAM:**

<b>Adrian Schools</b>	Clinton Schools
Alexander	Madison Schools
Lincoln	Morenci Schools
Michener	Onsted Schools
Prairie	Sand Creek
Britton- Macon Schools	Tecumseh Schools

## **CLOTHING/FURNITURE**

**Associated Charities** ..... **265-7255**  
221 S. Tecumseh, Adrian, open M-F, 9:30 AM - 4 PM

- Free clothing & household goods to eligible families
- Back to School Clothing Distribution in August
- Christmas Baskets – sign up by Dec 1st

**Goodwill Store** ..... **263-1665**  
Division St, Adrian

- Open M-F 9:00 AM-8:00 PM, Sat Noon – 5:00 PM

**Goodwill on line** ..... [www.shopgoodwill.com](http://www.shopgoodwill.com)

**Lenawee County Mission** ..... **265-4019**

- Thrift store Hours & address???

**Lenawee Freecycle**

Visit web site – <http://groups.yahoo.com/group/LenaweeFreecycle/>

- Items posted on site are free & local

**Living Water Works**..... **263-5601**

153 N. Main, Adrian

- For infant through 2T clothing and maternity clothes

**Madison Clothes Closet**

- For children in the Madison School District
- Email address - mcloset@mail.madison.k12.mi.us

**New Baby Ministry**

All Saints Episcopal Church, Brooklyn

- Baby supplies – diapers, baby wipes, shampoo, lotion
- Free to families with babies
- 3<sup>rd</sup> Saturday of the month, 10 am – 2 pm

**Salvation Army Thrift Store**..... **265-2038**

217 W. Church, Adrian

**CONSIGNMENT/RESALE SHOPS:**

**Closet Overflow**..... **265-9306**

715 Division St, Adrian

**5<sup>th</sup> Avenue Rags**..... **424-7253**

214 E. Chicago Blvd., Tecumseh

**Kids Klothes & More**..... **265-6566**

1525 W Maumee, Adrian

**LaDominque**..... **265-3923**

235 W. Maumee St., Adrian

**The Packrat**..... **486-5544**

117 S. Lane St., Blissfield

## **COMUNICATION / LITERACY SKILLS**

**READING IMPROVEMENT:**

**Adult Literacy, CAA**..... **263-6762 or 1-800-750-9300**

400 W. South St, Adrian

- free, one-to-one adult literacy tutoring
- English as a Second Language

**Adrian Adult Education**..... **263-1332**

- Reading Improvement classes
- Adult Basic Education Program to ready students for high school level
- Classes in English as a Second Language

**Adrian Rea Literacy Center**..... **266-4260**

1257 E. Siena Heights Dr., Adrian

- One-on-one tutoring
- Read, write & basic math

**LOCAL PUBLIC LIBRARIES:**

- Library cards available for your family
- Books, magazines, videos, newspapers available free or low cost

**Adrian Public Library**..... **265-2265**

143 E. Maumee, Adrian M, T & Th 10-9 PM, W, F & S 10-5:30 PM

**Addison Branch Library**..... **547-3414**

102 S. Talbot Street, Addison M & W 11-5 PM, F 1:30-5 PM, S 10:30 -1:30 PM

**Britton Branch Library**..... **451-2860**

120 College, Britton M 12:30-8 PM, W 12-6 PM, F 12-5 PM, S 1-4 PM

**Clayton Branch Library**..... **445-2619**

3457 State St., Clayton M 12-6 PM, W 12:30-8 PM, F 12-5 PM, S 1-4 PM

**Clinton Township Public Library**..... **456-4141**

100 Brown St., Clinton M-Th 11-8 PM, F 11-6 PM, Sat. 10-2 PM

**Hudson Public Library**..... **448-3801**

205 S. Market, Hudson M 12-6 PM, T 9-6 PM, W & Th 9-5 PM, F 9-3 PM, S 9-1 PM

**Lenawee County Library**..... **263-1011**

4459 W. US-223, Adrian M-Th 11-8 PM, F & S 12-5 PM

**Onsted Community Branch Library**..... **467-2623**

261 S. Main St, Onsted M & W 1-8 PM, T & F 1-5 PM, S 9-1 PM

**Deerfield Branch Library**..... **447-3400**

170 Raisin St., Deerfield M & F 12-5 PM, W 12-5 PM & 7-9PM, S 10:30-3:30 PM

**Schultz-Holmes Memorial Library**..... **486-2858**

407 S. Lane St., Blissfield M, W, F, & S 10:30-5 PM, T & Th 1-8 PM

**Stair Public Library**..... **458-6510**

228 W. Main, Morenci M 10-5 PM, W 10-7 PM, Th & F 1-5 PM, S 9-1 PM

**Tecumseh Public Library**..... **423-2238**

215 N. Ottawa, Tecumseh M-Th 10-8 PM, F & S 10-5 PM

**Used Books**

**Book Abbey**..... **265-1939**

130 E Maumee, Adrian

**That Used Bookstore**..... **423-6611**

140 E Chicago Blvd, Tecumseh

## **COMMUNITY INVOLVEMENT**

**East Side Community Coalition**..... **265-5376**

**Foster Grandparent Program**..... **263-3340**

**Head Start Early Childhood Programs**..... **263-2468**

- Contact your Family Support Coordinator, Home Visitor or GRS Teacher

**Lenawee Volunteer Center**..... **423-1729**

- [www.1-800-volunteer.org](http://www.1-800-volunteer.org)

**REGISTER TO VOTE:**

**Register to vote at the Secretary of State**..... **265-8981**

1114 S. Winter St., Winter Street Plaza, Adrian You will need your driver's license or photo ID. You must have been a resident for at least 30 days

## **DOMESTIC VIOLENCE / EMOTIONAL / PHYSICAL ABUSE**

- Domestic Hotline** ..... **1-800-799-SAFE**
- 24 hour service
- Domestic Violence Program** ..... **1-800-874-5936 or 265-6776**
- 24 hours, 7 days a week
  - Compassionate and supportive atmosphere for family victims
- Catherine Cobb Shelter** ..... **265-6776/800-874-2500**
- Safe House - 24 hours
  - Emergency shelter for women and children
- Children's Protective Service** ..... **264-6300**
- Call to report child abuse or neglect
- Family Violence Helpline** ..... **1-800-99-NO-ABUSE**
- 24 Hours/365 days a year
  - Crisis intervention and referrals
- Stalking Victim Hotline** ..... **517-543-3775**

## **EMPLOYMENT**

- Adrian Public Schools Job Line** ..... **264-6677**
- Head Start** ..... **263-2468**

### **OTHER EMPLOYMENT OPPORTUNITIES:**

- Goodwill Industries** ..... **263-2135**  
Division St, Adrian
- Training and employment for youths and adults with a disability
  - Job Skill Development/Improvement Training
- Lenawee Vo-Tech** ..... **265-2108**  
1372 N. Main, Adrian
- Job placement services after completing a semester course.
  - Career Counseling
- Michigan Rehabilitation Services** ..... **263-0607**  
1040 S. Winter, Adrian M-F/ 8-5 PM
- Will help to retrain, maintain or obtain jobs for people with a disability
- South Central Michigan Works!** ..... **266-5627**  
1040 S. Winter St., Adrian
- Youth Employment Training Program** ..... **266-2730**
- 14 – 21 years old
- Veterans Employment Services** ..... **266-5600**
- WLEN 103.9 FM radio**
- Job Bank Broadcasts/ M-F/ 8:15 AM

### **TEMPORARY JOB SERVICES:**

*(Offices discourage bringing children to application sessions)*

- Adecco** ..... **265-6114**  
1099 E. US 223, Adrian M-F/ 8-5 PM
- Advance Temporary Services** ..... **266-9675**  
216 N. Main St., Adrian M-F/8-5 PM
- Fasco Temporary Services** ..... **263-1885**

- 905 N. Main St., Adrian
- Manpower Temporary Service** ..... **265-6275**  
725 W. Beecher, Adrian M-F/ 8-5 PM

## **FAMILY COUNSELING & SOCIAL-EMOTIONAL HEALTH**

- Adrian Psychotherapy Assoc** ..... **263-5433**

604 N. Main, Adrian accepts Medicaid

### **Bixby/Herrick Hospitals**

- Mental health assessment
- 24 hour emergency

- Catholic Charities of Lenawee** ..... **263-2191**

199 N. Broad St., Adrian M-F 8:30-5 PM closed 12-1 PM

- Family and children's counseling, sliding scale fee
- Counseling for victims of abuse, mental health, anger management, difficult behaviors, academic issues, family and marital problems, and substance abuse

- Charter Hospital of Toledo** ..... **1-800-CHARTER**

- Community Mental Health** ..... **263-8905/800-664-5005**

1040 S. Winter St., Adrian M-F 8:30-5 PM

- 24 hour emergency or business hours, ask for INTAKE
- Crisis intervention
- Counseling for family, individual or group
- Sliding scale fee, covered by Medicaid

- Christian Mission, Inc** ..... **263-7430**

1239 Wolf Creek Hwy., Adrian M-F 9:4:30 PM

- Family, marriage, depression, etc. counseling services

- Do'chas II Counseling** ..... **517-438-0045**

- Youth in crisis & their families / free
- 24-hour crisis intervention, counseling, prevention programs

- Family Counseling and Children's Services** ..... **265-5352**

220 N. Main, Adrian M-Th 9 AM-9 PM or Friday 9-5 PM

- By appointment, individual or family, adult or child
- Domestic violence, divorce or general counseling, anger management
- 24-hour First Response Team for victims of domestic or sexual abuse
- Offers Healthy Moms/Happy Babies support program

- Families First** ..... **266-0845**

1235 N Main St, Adrian

- Foote Hospital Center for Mental Health** ..... **788-4100**

Jackson, Michigan

- 24 hours/counseling including inpatient programs

- Herrick Outpatient Behavioral Health** ..... **800-867-1179/423-3887**

415 E Kilbuck St., Tecumseh

- Hospice of Lenawee** ..... **263-2323**

- Living Water Works** ..... **263-5601**

1100 Sutton Rd., Adrian

- General, marriage, and family counseling

**Michigan Association For Children with Emotional Disorders** ..... **248-552-0044**

- Mental health and other services for children with emotional disorders

**National Alliance for the Mentally Ill (NAMI)** ..... **263-3577**

- For people needing help or information regarding mental illness
- Free services

**Marriages That Works** ..... **266-8525**

**New Focus Clubhouse** ..... **263-3577**  
1200 N. Main, Adrian

- Recovery program for adults with mental illness
- Free support groups – open to public

**Postpartum Support** ..... **517-270-1907**

**Recovery Lifestyles** ..... **265-9595**  
216 Division St., Adrian – M-F 12-8pm

- Anger Management
- Parenting Classes
- Substance Abuse & Domestic Violence Counseling

**The Road – A Light for My Path** ..... **517-918-8086**  
137 E Front St., Adrian

- Residential program for women in recovery

**SUPPORT GROUPS:**

**Alzheimer’s Support Group** ..... **266-2588 /423-6043**

**American Cancer Support Group** ..... **263-2317**

**Anxiety Support Group** ..... **263-8905**

- Every Thursday 1-2:30 PM

**Arthritis/Fibromyalgia Support Group** ..... **423-7722**

**Autism/Aspergers Adult Support Group** ..... **266-6902 / 248-882-2263**

**Bixby Cardiac Rehab Support Group** ..... **265-0223**

**Catherine Cobb Shelter Support Group** ..... **264-5733**

**Cerebral Palsy** ..... **800-828-2714**

**Depression Bipolar Support Alliance** ..... **263-3577**

**Depression Support Group** ..... **265-9588**

**Diabetes Support Group** ..... **424-3388**

**DivorceCare Support Group** ..... **263-5317**

**Dual Recovery Group** ..... **263-8905**

- Mental health and substance abuse support

**Eating Disorder Support Group** ..... **442-9707**

**HIV/AIDS Support Group** ..... **1-800-578-2300**

**Griefshare Support Group** ..... **423-1125**

**Hearing Impaired Support Group** ..... **764-6178**

**Hospice of Lenawee** ..... **263-2323**

- For adults and children who have experienced a loss through death

**Inter-Connections Drop-In Center** ..... **265-9588**  
110 W. Maumee, Adrian, Wed – Sun, noon – 5PM

- Safe, supportive environment for individuals who have experienced mental or emotional problems

**Low Vision Support Groups** ..... **423-7042/263-8199/423-9622**

**Lyme Disease Support Group** ..... **265-5712**

**Magical Memory Society** ..... **448-7555/264-2287**

- For people with closed head injuries, family members or caregivers

**Man to Man Cancer Support Group** ..... **263-2317**

**Multiple Sclerosis Self Help Group** ..... **263-3017/734-475-6332**

**NAMI – National Alliance for the Mentally Ill** ..... **263-3577**

**Narcotic Anonymous** ..... **517-534-1781**

**Panic Disorder Support Group** ..... **732-940-9658**

**Post Abortion Support Group** ..... **263-5701**

**Pregnancy Loss Support Group** ..... **265-0361/265-0868**

**Schizophrenia Anonymous Support Group** ..... **263-3577**

**Self Esteem and Domestic Violence Awareness** ..... **264-5733**

**Sex Offenders Group** ..... **263-2191**

**Teen Support Group** ..... **263-2191**

**Uniting Veterans and Supporting Families** ..... **211**

- Local help for returning veterans
- Meet Thursdays, 7 – 8 pm, DAV Hall, 141 Albert St, Adrian

**Women’s Cancer Support Group** ..... **265-0292/264-7144**

## **FAMILY FUN/RECREATION**

**City of Adrian Parks & Recreation** ..... **263-2161**

- Offers scholarships to low income families

**City of Tecumseh Recreation Dept** ..... **423-5602**

**Lenawee Conference & Visitors Bureau** ..... **263-7847/800-536-2933**

- List of local events

**YMCA of Lenawee** ..... **263-2151**  
638 W. Maumee St. Adrian

- Offers scholarships to low income families

## **FAMILY HEALTH**

**Help in finding low cost or free health care resources in Michigan**

- [www.michigan.gov/healthcarehelp](http://www.michigan.gov/healthcarehelp)

**Arthritis Support Group** ..... **423-7722**

**Alzheimer’s Disease Education & Referral Center** ..... **800-438-4380**

**American Cancer Society** ..... **800-227-2345**

**American Diabetes Association** ..... **248-433-3830**

**American Lung Association** ..... **800-586-4877**

- Programs for asthma & other lung diseases

**Bixby Medical Center** .....263-0711

- Pregnancy services

**Camp Mich-Mac**.....586-465-0163

- For children in grades 3 – 8 with significant asthma or allergies

**Care Pregnancy Center**.....263-5701  
1100 Sutton Rd. Adrian

**Children’s Hospital**.....313-745-5281

**Children’s Leukemia Foundation Resource Room** .....800-825-2536

**Community Action Agency**.....263-7861  
400 W. South St., Adrian

- WIC Program (Women, Infants, & Children Nutrition Program)

**Daily Bread**.....266-0937  
302 S. Tecumseh, Adrian

- Personal care products, provides soap, toothpaste etc. when available

**Department of Human Services** .....264-6300

- IAP (Insurance Assistance Program)
- Medicaid
- Food Stamps

**Diabetic Education Office**.....424-3388

**Enrichment Audio Resource Services**.....800-843-6816

**Family Medical Center of MI** .....263-1800  
225 Riverside Ave, Adrian

- Open Tuesday 8:30 am – 4:30 pm, Wednesday 1 – 5 pm
- Primary care for uninsured and under-insured
- Medicaid accepted, sliding fee for those who qualify

**Healthy Hispanic Project**.....264-5300

- Latinas/Hispanic Women Cancer Screenings

**Hard of Hearing, self help**..... 517-764-6178

**Hear Now**.....800-648-4327

- Hearing aids for low income children and adults

**Herrick Medical Center** .....424-3000

- Weight Loss Programs available

**Hickman Cancer Center**.....265-0292

**Kellogg Eye Center**.....734-763-8122

**Lenawee Walk-in Clinic** .....264-5820  
142 E. Maumee, Adrian, M-Sat. 9 AM-4:30 PM, no appointment needed

**Lenawee County Health Department Services** .....264-5226  
1040 S. Winter, Suite 2328, Adrian

- Immunization Clinic
- Coordination of Children’s Special Health Care
- Cancer Screenings for Women
- Cholesterol & Diabetes Screenings
- Family Planning Clinic – testing (fee) & counseling (free)
- Hearing and Vision Screenings - free
- Maternal/Infant Support Services

**Disabled American Vets** .....265-3393

**Leader Dogs for the Blind** .....248-651-9011

**Low Vision** .....423-7042

411 E. Russell Road, Tecumseh

- Clearinghouse for the visually impaired

**Low Vision/Hearing Equipment** .....266-2588

- Equipment available for loaning out

**Lenawee Riding for Handicapped**.....423-6144

**MI. Assoc. for Deaf, Hearing, and Speech Impaired. 800-968-7327**

- Equipment, scholarship programs, workshops, advocacy, interpreters
- Connect deaf people with telephones

**Michigan Commission for the Blind**.....800-292-4200

**Paws with a Cause** .....616-877-7297

**Physician Referral Line (Bixby Medical)**.....265-0490

- Call for referrals, M-F, 9 AM - 5 PM

**Project Ramp** .....264-5280

- Ramps – for any age group

**Southern Michigan Parents of the Visually Impaired**.....423-9622

**VA Health Care**.....800-361-8387/734-769-7100  
VA Medical Center, Ann Arbor

**Vision USA & The Eye Associates**.....800-766- 4466

- Applications taken during Jan. only
- Between 8:30 am – 7:00 pm

**Women’s Health Screening for Breast/Cervical Cancer. .... 264-5235**

- Free, or sliding scale, for women over 40, by appointment
- Includes mammogram, pap smear, breast and pelvic exams

**PRESCRIPTION ASSISTANCE:**  
**Contact the manufacturer of your prescriptions to see if they can assist you in obtaining your medications**

**AstraZeneca** .....1-800-424-3727

- www.astrazeneca-us.com

**Dept. on Aging (60 and over)** ..... 264-5280

**Family Medical Center of MI**.....263-1800

**Lenawee United Way & Volunteer Center**.....263-4696  
1354 N Main, Adrian, M – Fri, 8:30 AM – 5 PM

- Offering the FamilyWize Prescription Drug Discount Cards
- 211 Call Center – provides information and referrals for assistance from local, state and national programs, agencies and organizations

**Meijer**

- Has many free antibiotics

**MiRx Card Program**.....1-866-755-6479

- 20 % off retail price, no cost to enroll
- for low-income of all ages who have no prescription drug coverage

**Partnership for Prescription Assistance**..... 1-888-477-2669

- PPARx.org

**Salvation Army** .....265-2038  
217 W. Church, Adrian M-F, 9-11:30 AM and 1-4:30 PM

**St. Joseph Church, Saint Vincent de Paul**.....265-8938



415 Ormsby, Adrian M,W,F 8 /AM – 4 PM

**St. Mary’s Church**..... **263-4681**

- \$40 maximum, 60 days, fill at Wheelock’s, must show script

**Telemon (migrant workers)**..... **263-6825**

**Walmart**

- has many \$4 scripts

**World Medical Relief, Inc**..... **1-313-866-5333**

- [www.worldmedicalrelief](http://www.worldmedicalrelief)
- prescriptions \$5

**[www.needymeds.com](http://www.needymeds.com)**

- information on free antibiotics with a prescription regardless of insurance status

## **FAMILY SERVICES/ LEGAL AIDE**

### **CERTIFIED BIRTH CERTIFICATE:**

- If your child was born in Lenawee County, you may purchase a
- Certified Birth Certificate from the Lenawee County Court House,
- 425 N. Main St., Adrian, M-F, 8-4:30 PM. Must have driver’s license or picture ID.
- If your child was not born in Lenawee County, you must contact the county clerks office in the county where your child was born

**Probate Court** ..... **264-4614**

**State Registrar Office**..... **517-335-8656**

- For assistance in amending a birth certificate

### **CHILD ABUSE & NEGLECT:**

**Children’s Protective Services**..... **264-6300**

- Call to report suspected or actual child abuse or neglect
- after 5 PM call ..... **264-6464**

**Community Action Agency**..... **263-7861**

400 W. South St., Adrian

- Provides access to Legal Services of South Central MI
- Free legal counsel for low income, first & third Tuesdays 9 - noon
- Legal representation for family law, welfare, housing and consumer issues

**Care Pregnancy Center**..... **263-5701**

1100 Sutton Rd., Adrian

- For information on legal aid concerning a pregnancy

**Dispute Resolution Services**..... **1-800-873-7658**

1214 Greenwood Ave., Jackson, MI 49204

- Solve almost any kind of problem/dispute without court, low or no cost

**Department of Human Services** ..... **264-6300**

1040 S. Winter, Adrian

- Contact if you need help collecting child support payments from parents under legal order to pay

**Friend of the Court**..... **264-4708**

425 N. Main, Adrian

- Custody matters, visitation problems, investigation of home

**Legal Services of South Central Michigan** ..... **1-888-251-1598**

1118 A South Telegraph Rd, Monroe, MI 48161

- Legal assistance in civil matters (housing, health, food, employment laws, family/child disputes) for low income persons
- At Lenawee Community Action Agency on the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 9 am - noon

**State Bar of Michigan Lawyer Referral Service**..... **1-800-968-0738**

### **IMMIGRATION INFORMATION:**

**Telamon Corporation**..... **265-3300**

**MESA** ..... **266-5678**

1374S. Main, Adrian

- Contact for citizenship class information

**Migrant Services**..... **266-5652/266-5678**

Wellness, immigration assistance, counseling and emergency aid, recreation conflict resolution and work card assistance

## **HOUSING / UTILITIES**

### **APARTMENT LISTINGS:**

**Adrian Apartment Group** ..... **263-7714**

**Clare W. Ransom Enterprises** ..... **448-7166**

514 S. Church, Hudson

**Family & Property Solutions**..... **266-0470**

- Applications for rental assistance
- Housing Choice Voucher Program / Section 8.... **266-0470, press3##**

**[www.michiganhousinglocator.com](http://www.michiganhousinglocator.com)**

- Rental property vacancies

### **HOME FORECLOSURES:**

**Community Action Agency**..... **800-438-1845**

### **HOMELESS/ EMERGENCY HOUSING:**

**Anyone needing shelter: 24 hours a day** ..... **1-800-A-SHELTER**

**American Red Cross** ..... **263-1904**

204 N. Broad, Adrian M-F 9-5 PM

- Fire or other disaster relief assistance

**Catherine Cobb Domestic Violence Shelter** ..... **265-6776**

- Shelter, even if you are not a victim of domestic violence, 24 hr service

**Cherry Street Mission Ministries** ..... **419-242-5141**

105 17<sup>th</sup> St., Toledo, Oh

- Provide shelter, education & job training for NW Ohio & SE Michigan

**Lenawee County Veterans Affairs** ..... **264-5335**

**Department of Human Services** ..... **264-6300**

1040 S. Winter, Adrian

- M-F 8-5 PM, for eligibility requirements
- Temporary financial aid, state emergency relief funding when available



**Homeless Assistance Recovery Program.....265-6776**

- will certify homelessness
- issue homeless vouchers
- provide ongoing support services

**Homeless Education Programs of Lenawee County.....266-6678**

**Lenawee County Mission.....265-4019**

227 N Broad St, Adrian

- Provides 90 days of emergency homeless shelter for men

217 E Front St, Adrian

- LifeChange Program
- One year program for men with addiction issues

**Lenawee Emergency & Affordable Housing Corporation..264-0782**

307 E. Church St, Adrian

- Housing support services and financial aid (past due rent, first month)
- Emergency and transitional housing for families and individuals
- Life skills training
- Homeless Assistance Recovery Program
- Tenant Based Rental Assistance

**Salvation Army ..... 265-2038**

217 W. Church, Adrian

- Temporary shelter for families (no singles) up to 4 nights

**HOME OWNERSHIP:**

**City of Adrian Housing & Community Development 263-2161 ext.4897**

- Low-interest loans available for repairs

**Habitat for Humanity..... 265-6157**

1205 E Beecher Rd, Adrian, MI

**Habitat for Humanity Restore..... 266-0746**

2811 Treat Hwy, Adrian

**Financing To Buy And/ Or Make Home Repairs**

- Call for mortgage pre-qualification ..... 265-6126
- Grants for home repairs .....263-2161 ext. 4897

**FHA (Federal Housing Administration)**

- Contact local real estate agents &/or local banks
- Low interest housing loans
- HUD / Section 8 .....266-0470
- Foreclosures – [www.hud.gov](http://www.hud.gov) / 1-800-569-4287; [www.michigan.gov/mshda](http://www.michigan.gov/mshda); or 1-866-946-7432

**Housing Services Center through LEAHC. ....264-0782**

- Will assist low income families with home ownership and some rentals

**Legal Services of South Central Michigan .....1-888-251-1598**

1118 A South Telegraph Rd, Monroe, MI 48161

- At Lenawee Community Action Agency on the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 9 am - noon

**Links to Homeownership**

400 W. South Street, Adrian, MI.....263-7861

- Financial management, credit repair, homebuyer & home maintenance education

**USDA Rural Development ..... 517-676-1808**

- First time buyers with Low to moderate family income

**RENTAL CONDITION:**

- Contact the Legal Aid for advice
- Know your rights and responsibilities, request “A Practical Guide to Landlord-Tenant Rights and Responsibilities” from your Family Support Coordinator. Talk to the landlord and put the problem /request in writing to mail to the landlord

**RENT CONCERNS:**

**Fair Housing Center ..... 734-994-3426**

**Legal Aid ..... 517-336-8088**

- Free advice concerning any rental issues: eviction, security deposits, maintenance
- Available from 9:00 AM – 5:00 PM, Mon. – Thurs.

**State Bar of Michigan Lawyer Referral Service.....1-800-968-0738**

**UTILITIES: behind payments/shut off notices**

- Make partial payments to prevent a shut off of service
- Contact the Michigan Public Service Commission If bill seems too high **1-800-292-9555**
- Contact your caseworker for an appointment if you’re on assistance they may be able to pay the bill **IF** you have saved receipts for all payments for rent, heat, and utilities for the past 6 months or
- Ask for one time emergency funds

**State Emergency Relief-Heating Assistance Plan .....264-6300**

- Pay for home heating or electricity in emergency situations
- Pay for energy related home repairs or furnace replacement

**Contact the following agencies for emergency funds**

**American Red Cross ..... 263-1904**

**Community Action Agency..... 263-7861**

**Community Crossroads Church ..... 266-1919**

**Lenawee County Dept of Human Services ..... 264-6300**

**Salvation Army ..... 265-2038**

**St. Mary’s Church ..... 263-4681**

**WEATHERIZATION:**

**Community Action Agency..... 263-7861**

400 W. South, Adrian open M-F, 9-5 PM

- Home Weathering Program-insulation/ storm windows/weather stripping

- Application appointment needed
- Watch for the **Home Weatherization Workshop** at DHS

**SUBSIDIZED HOUSING**

**US Dept. of Housing & Urban Development (HUD)**

[www.hud.gov/apps/section8](http://www.hud.gov/apps/section8)

- Public housing and privately subsidized housing
- Reduced rent to low-income families, disabled, elderly

**Lenawee County List/Apartments - ask about vacancies**

**Addison:**

Crossings Apartments  
249 Addison..... **547-5793**

**Adrian:**

Adrian Village  
1542 Village Green Ln..... **263-8101**  
Brookside Estates  
653 S. Madison St. .... **263-7162**  
Carriage House Apartments  
122 Sand Creek Hwy. .... **263-6222**  
Four Seasons Apartments  
1053 S. Winter St. .... **266-2295**  
Maple Village  
1221 S. Main ..... **265-8448**  
Oaks of Adrian, Village of Lexington  
1252 Lexington & Southfield ..... **263-0610**  
Sand Creek Apartments  
144 Sand Creek Hwy. .... **264-1400**

**Blissfield:**

Riverview Apartments  
221 Joy..... **486-4088**

**Britton:**

Britton Apartments  
275 S. Main St ..... **451-5335**

**Clinton:**

Pheasant Brook Apartments  
820 Tecumseh..... **456-7194**

**Deerfield:**

Deer Run Apartments  
510 E. River St..... **447-3475**

**Hudson:**

Hudson Phase II Apartments  
771 Jefferson Street..... **448-7610**  
Woodruff Estates

773 Tiffin..... **448-8031**

**Morenci:**

York Hill I & II Apartments  
240 Gorham Street ..... **458-6403 or 437-7788**

**Onsted:**

Rolling Meadows  
9823 Slee Rd..... **467-4821**  
Wexford Manor  
350 N. Main St. .... **467-2508**

**Tecumseh:**

Cummins Street Apartments  
600 W. Cummins St..... **423-6539**  
Indian Oaks Apartments  
124 Burt St. .... **423-7029**  
Ravenwood  
510 Pawnee Hts ..... **423-5712**

**INCOME SUPPORT**

**Department of Human Services ..... 264-6300**

- 1040 S. Winter, Adrian
- Apply in person at the office
  - TANF (Temporary Assistance for Needy Families)
  - MA (Medical Assistance) -co-pays on some services
  - Medicaid Insurance
  - SNAP (Supplemental Nutrition Assistance Program) Food Stamps
  - State Emergency Relief Funds for utilities, rent, etc. – one time only funds
  - Child care assistance for licensed child care
  - Assistance with paying for vehicle repairs

**Friend of the Court ..... 264-4594**

- 425 Main, Adrian M-F, 8-4:30pm
- Enforces support orders for minor children under court jurisdiction

**Earned Income Credit**

- You may qualify if you are single or married and had children under the age of 19 living with you at least half the year
- File a federal income tax return (form 1040A or 1040)
- Fill out "Schedule EIC" and attach it to your tax return
- **For information, call the IRS toll free at 1-800-829-1040**
- Visit [www.michigan.gov](http://www.michigan.gov) for more information

**Home Heating Tax Credit ..... 264-6300 or 1-800-487-7000**

- You do not have to file an income tax return to get the home heating credit
- File for credit for the previous year by Sept 30<sup>th</sup>

**Lenawee County Dept of Veterans Affairs ..... 264-5335**

- Disability compensation, pensions, education, insurance and indemnities
- Toll free number **800-827-1000**

**Tax Assistance, CAA ..... 263-7861**

- Free local tax preparation assistance

**Free Tax Assistance.....1-800-829-1040**

- To locate nearest VITA Site for free assistance

**WAYS TO PREVENT FINANCIAL PROBLEMS:**

**Community Action Agency Credit Counseling Service... 263-7861**

- Financial Management classes
- Free credit and home foreclosure counseling service

**Consumer Credit Counseling Service.....1-800-388-2227**

**Verizon Assistance Plan .....1-800-483-4600**

**Budget Plan**

- Make arrangements for monthly payments through the utility company

**Family Financial Planning/Budgeting/Home Ownership..264-5300**

- Free one-on-one budgeting information
- 8 am -12:30 pm and 1:30 pm – 4 pm

**Good Credit Line**

- Contact banks to receive a “Secured” Master Card or VISA card in order to build credit
- Stop credit cards from being mailed to you ..... **1-888-567-8688**

**Home Heating Credit**

- Complete a tax credit claim form before September 30/ form MI-1040CR or MI-1040CR-2, forms available at public libraries, DHS & Citizens Gas

**EMERGENCY FUNDS - check with the following agencies:**

**American Red Cross-Lenawee County ..... 263-1904**

204 N. Broad, Adrian

- Emergency assistance with verification of fire or need
- Payment assistance for those over 65 yr. and/or disabled person in family

**Community Action Agency of Lenawee County ..... 263-7861**

400 W. South St., Adrian M-F/ 9-11:30 AM or 1-4:30 PM

- Targeted fuel assistance program, will help with heat bills, M-F, 8-5 PM

**Community Crossroads Church..... 266-1919**

104 E Maumee, Adrian

- Utilities, rent, and gas card assistance

**Salvation Army ..... 265-2038**

217 W. Church, Adrian M-F, 9-5 PM

- Utility and rental assistance
- Food pantry, free meals, M / W 4-5 PM

**St. Joseph’s Church..... 265-8938**

415 Ormsby, Adrian M-TH 8:00-4:00 PM, Fri. 8:00-1:00 PM

**St. Mary’s Catholic Church..... 266-0378**

305 Division, Adrian M-TH 9 -12:30 PM & 1– 4 PM, Fri. 9-1

**NUTRITION**

**NUTRITION PROGRAMS:**

**Breastfeeding Peer Counseling.....264-5302**

**Community Action Agency.....263-7861**

400 West South St., Adrian

- MIC(Mother, Infant, Child) free food, for income eligible children under 6 years not on WIC or pregnant/postpartum mothers (up to 12 months)
- TEFAP (The Emergency Food Assistance Program), income eligible families, can also be on MIC or WIC, distributed quarterly
- WIC (Women, Infants, Children) free food, education & referrals for qualifiers up to age 5

**Eating Right Is Basic or Family Nutrition Program..... 264-5300**

MSU Extension, 1040 S. Winter, Adrian M-F, 8-12:30/ 1:30-4:30

- Contact Alice McElroy or Awilda Domingus (bi-lingual)
- Free classes or one-on-one lessons about food, budgeting, and meal planning

**Mother to Mother ..... 264-5300/788-4292**

MSU Extension, Lenawee & Jackson County Offices

- Offers nutrition education and breast feeding support to WIC eligible families

**NUTRITION WELLNESS SUPPORT**

**Overeaters Anonymous.....266-3781/266-9433**

- meetings in Adrian & Tecumseh

**Take Weight off Sensibly (TOPS)**

- Adrian..... **486-0470**
- Onsted ..... **467-2352**
- Tecumseh..... **800-932-8677**

**EMERGENCY FOOD SOURCES:**

**Addison**

**Community Christian Interfaith Support (CCIS).....592-3947**

Brooklyn Products Bldg, 171 Wamplers Lake Rd, Brooklyn

- Tues & Thurs, 10 am – 2 pm, residence ID needed

**Addison United Church Emergency Food Pantry....547-5527 or 7577**

202 S Talbot St, Addison

- Serving Addison area, last Thursday of month, 2-5 pm, or emergency

**Manitou Road Baptist Church.....547-5516**

175 Manitou Rd, Manitou Beach

- Second Thursday each month

**St. Mary’s Church on the Lake.....547-7496**

450 Manitou Rd. Addison

- Distribution is every Friday

**Adrian**

**American Red Cross ..... 263-1904**

204 N. Broad, Adrian

- Will provide a letter of referral to St. Mary’s food pantry

**Associated Charities**.....**265-7255**  
 221 S Tecumseh St, Adrian  
 • Christmas baskets with food & toys, contact your Family Support Coordinator by Nov 30<sup>th</sup> for a referral

**Daily Bread**.....**266-0937**  
 302 S. Tecumseh, Adrian  
 • Meals served Tuesday, Thursday, Saturday and Sunday, noon – 2 pm  
 • Food Pantry is open Tuesday & Friday 12-3 pm

**Commodities Program**.....**263-3585**  
 First United Methodist Church, 1245 W Maple St, Adrian  
 • For adults 60+meeting income guidelines and children on MIC distribution on third Thursday of the month 11am-3pm  
 • Quarterly Distribution for all other individuals meeting income guidelines will be the third Thursday of Aug., Nov., Feb., May and Aug, 11 am – 3 pm

**Lenawee County Mission**.....**265-4019**  
 • 10am – 3pm Mon - Sat

**Ogden Bible Church Food Pantry** .....**265-6621**  
 3201 E. US 223 Hwy, Adrian  
 • Distribution is Mon – Thurs 10 am – 2 pm

**St. Mary’s Catholic Church Food Pantry** .....**266-0378**  
 317 Erie St., Adrian (back of church)  
 • Open Mon,Tues, and Thurs, 1 – 3 pm

**St. Vincent de Paul Society** .....**266-7611**  
 St. Joseph’s Church, 415 Ormsby, Adrian  
 • Open M, W, F 1-2:30 pm, 3 days of emergency food, once/month

**Salvation Army** .....**265-2038**  
 217 W. Church, Adrian  
 • Food pantry by appointment, M – F, 8:30 am – noon, 3-4 days of food monthly  
 • Free meals, Mon and Wed, 4-5 PM  
 • Free Christmas dinners  
 • Taking applications in person for food baskets and toys in November only

**Blissfield**  
**St. Paul’s Evangelical Lutheran Church Food Pantry**.....**486-6464**  
 306 E. Jefferson, Blissfield  
 • Open Mon – Fri, 9 – noon, or by appointment

**Britton**  
**Britton Bethel Baptist Church**.....**451-9921**  
 296 S. Main St. Britton  
 • Distribution is the third Thursday of the month 2:30-4:30pm  
 • Open to Britton-Macon school district residents

**Brooklyn / Onsted**  
**CCIS Brooklyn Food Pantry**.....**592-3947**  
 171 Wamplers Lake Rd. Brooklyn  
 • T, Thurs, 10 am – 2 pm

**Clinton**  
**Clinton Community Food Bank**.....**456-4972**  
 Clinton United Methodist Church, 10990 Clinton Tecumseh Rd, Clinton  
 • Second Thursday each month, or emergency

**Solid Rock Church of Lenawee & Food Gatherers**.....**456-7939**  
 112 E Church, St, Educational Bldg, Clinton  
 • Wed, noon – 2 PM,; Thurs, 7 -7:30 PM

**Deerfield**  
**St. Alphonsus Catholic Church** .....**447-3500**  
 222 Carey Street, Deerfield  
 • Open Wed., 4 – 6 pm, or by appointment

**Hudson**  
**Sacred Heart Catholic Church** .....**448-3811**  
 207 S. Market St., Hudson  
 • Hudson area only Tues and Thurs, 11 AM – 1 PM

**Morenci**  
**Morenci Church of Nazarene** .....**458-7195**  
 751 N Summit St, Morenci  
 • Monday – Friday, 9am – 3pm (*Morenci Residents Only*)

**Tecumseh**  
**St. Peter’s Episcopal Church (SPEC)**.....**423-3780**  
 313 N Evans St, Tecumseh

**Tecumseh Service Club**  
 Contact your local Tecumseh church for assistance from the Tecumseh Service Club

**God’s Bread Basket (Dinners On Us)**.....**517-759-2155**  
 Church of Christ, 312 W Chicago Blvd, Tecumseh  
 • Meals served Tues, Wed and Thurs, 6 – 7:30 pm  
 • Meals for everyone

**County Wide**  
**Great Food For All** – *for information call the following*  
**Adrian First Church of the Nazarene** .....**263-1579**  
 50 Industrial Drive, Adrian, [www.adrianfirst.org](http://www.adrianfirst.org)  
**First Presbyterian Church** .....**423-3470**  
 211 W. Chicago Blvd., Tecumseh

**Angel Food Ministries**  
**Irish Hills Community Church**.....**467-2808**  
 351 Connor, Onsted

## PARENTING/ FAMILY SUPPORT

**Adrian Police Department**.....**264-4808**  
 • Safety City, for 4 & 5 yr olds entering Kindergarten in the fall

- Call for solutions to parenting problems, free & confidential help.
- Building Strong Families** ..... **264-5300**
- Parenting program for parents with children 0 – 3 years in groups or one-to-one
- Grandparents Raising Grandchildren** ..... **264-5280 / 592-8742**
- Free Support Group for Grandparents or other relatives
  - Meets every Thursday, 5 :30, Adrian Senior Center, Erie St.
  - Dinner & child care provided
- Healthy Moms/Happy Babies** ..... **265-5352**
- Prenatal & Postnatal Support
  - Parenting Support
  - One-On-One Support
  - Resource Library
  - Transportation to Doctor's Visits available
- Hospice of Lenawee** ..... **263-2323**
- One-On-One Counseling
  - Support Groups for Adults & Children who experience a loss
- Insight Counseling** ..... **517-424-5438**
- Nurturing Father's Parenting Program
- Lenawee's Child** ..... **266-4825**
- Program for children birth -5, county-wide, bilingual groups available
- MSU Cooperative Extension Service** ..... **264-5300**
- Lenawee SAFE Kids** ..... **263-8905**
- Free car seat inspections & new car seats
- LISD Media Center** ..... **265-1691**
- Resources available to Lenawee County families.
  - Open 8 AM-5 PM
- MSU Extension Parent Library** ..... **264-5300**  
1040 S. Winter St., Adrian
- Open Mon.-Fri. 8:00 – 12:30 & 1:30 – 4:30
- Multicultural Adoption Group** ..... **263-0396**
- Parent HELPLINE** ..... **1-800-942-4357**
- Recovery Lifestyles** ..... **263-6081**
- Parenting classes
- S.M.I.L.E (Start Making It Livable for Everyone)** ..... **264-5300**
- Free educational program for separating and/or divorcing parents
  - w/ minor children, free/2-hour session, call for more information
- Tiny Purpose** ..... **486-2140**  
357 Sherman St, Blissfield
- Offers support and guidance to mothers who have lost a baby due to miscarriage, still birth or early infancy death

## **SOCIAL SUPPORT**

- 4H MSU** ..... **264-5314**
- Programs for youth

- Big Buddies Little Buddies** ..... **266-9775**
- Boys and Girls Club of Lenawee** ..... **266-9775**
- Adrian & Hudson Locations
  - 7-18 year olds

**Boy Scouts** ..... **734-971-7100**

- Community in Schools of Lenawee** ..... **263-4591**
- Activities for children and families during the school year

**Irish Hills Girl Scout Council** ..... **800-322-1209**

**Girl Scouts** ..... **517-784-8543**

- Red Cross of Lenawee County** ..... **263-1904**
- First aid, CPR, water safety instructor, & babysitting classes

**Hope Community Center** ..... **265-2410**  
431 Baker St., Adrian M-F 8:00 – 4:00 PM

- Educational & recreational programs for adults with physical, mental or emotional impairments.

**Lenawee Widowed Persons Service** ..... **265-2198**

**Len Nah Weh Native American Organization** ..... **263-3233**

**Newcomers Welcome Service**

Adrian area ..... **265-3921**

Tecumseh area ..... **423-3361**

Tecumseh Community Education ..... **423-5634**

### **PARENT SUPPORT GROUPS:**

**Autism Support Group** ..... **263-8905**

- Meets the third Wednesday of the month, 9:30 – 11 am, school year only
- Meetings held at Porter Education Center

**Children's Rights Council Northwest Ohio & Lenawee** .. **263-1180**

- custody drop-off point

**Community Mental Health Family Support Program** ..... **263-8905**

**Families of Military Personnel Support Group** ..... **265-7987**

**Family Counseling and Children's Services of Lenawee** **265-5352**  
220 N Main St, Adrian

- Cross cultural adoptive parents support group

**Grandparents Raising Grandchildren & Relatives as Parents**

..... **517-592-8742**

- Open to anyone raising someone's children

**Lenawee County Foster & Adoptive Parents Association** **456-7355**

- Meetings are open to all parents of foster and adopted children
- Meet the first Monday of the Month

**MOPS (Mothers of Preschoolers)** ..... **266-6063**

**MOMS Club (MOMS Offering Moms Support)** ..... **902-2209/223-0152**

**Parent Support Group** ..... **263-5701**

- For parents of newborns to preschool age

**Parents of Persons with Special Needs** ..... **263-8931**

Parents without Partners.....	263-2986
Irish Hills Parents without Partners .....	467-4028
PFLAG .....	734-474-8479
Southern Michigan Parents of the Visually Impaired .....	263-0899 or 423-9622
• Meets 3 <sup>rd</sup> Fri of each month, 6 PM, Hope Center, 431 Baker, Adrian	

## **SUBSTANCE ABUSE**

AA-Alanon / Alateen .....	265-3590
• Call for list of support meetings, times and places	
Alcohol Help Line .....	800-821-9144
Call HELP .....	264-HELP
• Referrals and information only	
Charter Hospital of Toledo .....	1-800-CHARTER
Cocaine Hotline .....	1-800-662-HELP
Family Service and Children's Aid .....	263-2625
3266 N. Adrian Hwy., Adrian	
• Substance abuse and mental health programs for children and families	
• Bilingual, confidential assistance, sliding scale fee for substance abuse	
Herrick Outpatient .....	423-3887 or 423-2141 #3437
500 E. Pottawattamie, Tecumseh	
• Ask for INTAKE	
• For deaf / hearing impaired persons	
Non Smoking Support Group .....	424-3326
Lenawee County Mission.....	265-4019
• Residential drug rehabilitation program for men	
McCullough, Vargas and Associates.....	264-2244
142 E Maumee St., Ste 1, Adrian	
• Treatment for drug and alcohol abuse	
Recovery Lifestyles.....	265-9595
216 Division St, Adrian	
Substance Abuse Services for Lenawee.....	1-800-342-0349
Substance Abuse Prevention Group of Battle Creek ...	1-616-964-3830
Substance Abuse Group.....	263-2191
Substance Abuse Support Group for Teens.....	263-2191
Catholic Charities, 199 N. Broad St., Adrian.....	263-2191
The Road, Women's Recovery House.....	517-918-8086

### **Wellness Classes to Stop Smoking**

Herrick Hospital.....	424-3398
500 E. Pottawattamie, Tecumseh	

Lenawee Health Alliance .....	265-0900
• Information on classes in the county	

## **TRANSPORTATION**

EMERGENCY GASOLINE	
Community Crossroads Church .....	266-1919
Department on Aging.....	264-5280
• 60 and older	
• Medical appointments only	
Department of Human Services/ Volunteer Drivers.....	264-6404
• Clients only	
• One week notice required	
Salvation Army .....	265-2038
Lenawee Taxi Service .....	266-8912
Dial-A-Ride .....	265-6611
Great Lakes Health Plan .....	1-877-892-3995
• Free transportation for medical care and services	
• Call 4 days in advance to arrange, call 24 hours a day, 7 days a week	
Health Plan of Michigan.....	1-800-821-9369
• Free transportation for doctor appointments, call 5 days in advance, M-F	
Lenawee Safe Kids.....	263-8905
• Car seat safety check program	
Lenawee Transportation.....	265-4444
Lenawee County Dept of Veteran's Affairs.....	264-5335
• Free transportation to and from Ann Arbor VA Medical Center	
Secretary of State.....	265-8981
• Handicap permits	

## **Website Information**



## **Child Development**

Baby Center [www.babycenter.com](http://www.babycenter.com)

Early Childhood Learning & Knowledge Center [www.ECLKC.ohs.acf.hhs.gov](http://www.ECLKC.ohs.acf.hhs.gov)

HIPPY USA [www.hippyusa.org](http://www.hippyusa.org)

Kindergarten Readiness [www.kindergartenreadiness.net](http://www.kindergartenreadiness.net)

National Association for the Education of Young Children [www.naeyc.org/](http://www.naeyc.org/)

National Center for Learning Disabilities [www.ld.org](http://www.ld.org)

National Dissemination Center for Children with Disabilities [www.nichcy.org](http://www.nichcy.org)

## **Health**

American Academy of Pediatrics [www.aap.org](http://www.aap.org)

Bright Futures [www.brightfutures.aap.org](http://www.brightfutures.aap.org)

Centers for Disease Control and Prevention [www.cdc.gov](http://www.cdc.gov)

Color Me Healthy [www.colormehealthy.com](http://www.colormehealthy.com)

Healthy Teeth and Healthy Smiles

[www.dent.umich.edu/teachoralhealth/parents/](http://www.dent.umich.edu/teachoralhealth/parents/)

Kids Health [www.kidshealth.org](http://www.kidshealth.org)

Mayo Clinic [www.mayoclinic.com](http://www.mayoclinic.com)

National Institute of Dental [www.nidcr.nih.gov/](http://www.nidcr.nih.gov/) (English/Spanish)

Needy Meds [www.needymeds.com](http://www.needymeds.com)

Office on Smoking and Health [http://www.cdc.gov/tobacco/quit\\_smoking](http://www.cdc.gov/tobacco/quit_smoking)

Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)

Smoke-free Homes and Cars [www.epa.gov/smokefree](http://www.epa.gov/smokefree)

Healthy Children [www.healthychildren.org](http://www.healthychildren.org)

## **Literacy**

Colorin Colorado [www.colorincolorado.org](http://www.colorincolorado.org)

National Institute for Literacy [www.nifl.gov](http://www.nifl.gov)

Get Ready to Read [www.getreadytoread.org](http://www.getreadytoread.org)

Reading is Fundamental [www.rif.org](http://www.rif.org)

The National Center for Family Literacy [www.familit.org](http://www.familit.org)

Child Literacy Centre [www.childliteracy.com](http://www.childliteracy.com)

Reading Rockets [www.readingrockets.org](http://www.readingrockets.org)

Grow Up Reading [www.growupreading.org](http://www.growupreading.org)

## **Male Involvement**

National Center for Fathering [www.Fathers.com](http://www.Fathers.com)

National Fatherhood Initiative [www.fatherhood.org](http://www.fatherhood.org)

The Center for Successful Fathering [www.fathering.org](http://www.fathering.org)

The Fathers Network [www.fathersnetwork.org](http://www.fathersnetwork.org)

## **Nutrition**

Color Me Healthy [www.colormehealthy.com/](http://www.colormehealthy.com/)

United States Department of Agriculture [www.mypyramid.gov](http://www.mypyramid.gov)

Kids a Cooking [www.kidsacookin.ksu.edu](http://www.kidsacookin.ksu.edu) (English and Spanish)

## **Safety**

Eyes on Bullying [www.eyesonbullying.org](http://www.eyesonbullying.org)

Family Watch Dog [www.familywatchdog.us](http://www.familywatchdog.us)

National Domestic Violence Hotline [www.ndvh.org](http://www.ndvh.org)

Safe Kids [www.safekids.org](http://www.safekids.org)

## **Parenting**

Building Blocks for a Healthy Future [www.bblocks.samhsa.gov](http://www.bblocks.samhsa.gov)

Center for the Social-Emotional Foundations for Early Learning

[www.vanderbilt.edu/csefel/parents.html](http://www.vanderbilt.edu/csefel/parents.html)

Child Care Network [www.childcarenetwork.org](http://www.childcarenetwork.org)

Grandparenting [www.aarp.org/grandparents](http://www.aarp.org/grandparents)

Kinship Care [www.kalcounty.com](http://www.kalcounty.com)

National Stepfamily Resource Center [www.stepfamilies.info](http://www.stepfamilies.info)

Parenting Resources [www.parenting-resources.com](http://www.parenting-resources.com)

Parents as Teachers [www.parentsasteachers.org](http://www.parentsasteachers.org)

PBS [www.pbs.org/parents](http://www.pbs.org/parents)

Prevent Child Abuse America [www.preventchildabuse.org](http://www.preventchildabuse.org)

Super Duper Publications [www.superduperinc.com](http://www.superduperinc.com)

## **Employment**

Michigan Talent Bank [www.michworks.org](http://www.michworks.org),

## **Money Management**

Consumer Federation of America [www.consumerfed.org](http://www.consumerfed.org)

Mymoney [www.mymoney.gov](http://www.mymoney.gov)

Official State of Michigan [www.michigan.gov/helpinghand](http://www.michigan.gov/helpinghand)

Consumer Action [www.ConsumerAction.gov](http://www.ConsumerAction.gov); [www.Consumidor.gov](http://www.Consumidor.gov) (English and Spanish)

Community Foreclosure Coalition [www.jlhcf.org](http://www.jlhcf.org)